

CULTURE CLUB

Are you interested in meeting other people
with experience of a neurological condition
who are interested in music, film, theatre, comedy & art?

We are an open group of men and women who meet regularly on a
Tuesday from 10.30am to 12.30pm

Via Zoom or at
The Teddington Arms,
38-40 High Street, Teddington, TW11 8EW
www.teddingtonarms.com

As a group we enjoy:
Banter & having lots of laughs
Having good discussions
Trading ideas & pushing the boundaries
Feeling brave enough to try new experiences
Sharing personal histories & support

Dates for 2020:

Tuesday 28th January
Tuesday 24th March
Tuesday 19th May
Tuesday 7th July
Tuesday 15th September
Tuesday 13th October
Tuesday 17th November
Tuesday 8th December

Group sessions are organised and facilitated by:
Cathy Sparkes - Counsellor and Speech & language Therapist
Jo Goodchild - Speech and Language Therapist
Annie Voullaire - Speech and Language Therapist

Cost: Free for 2020

Email: Cathy@cathysparkes.co.uk for more information

www.cathysparkes.co.uk