

# CULTURE CLUB

Are you interested in meeting other people  
with experience of a neurological condition  
who are interested in music, film, tv, theatre, comedy & art?

We are an open group of men and women who meet regularly on a  
Tuesday from 10.30am to 12.30pm  
Via Zoom

As a group we enjoy:  
Banter & having lots of laughs  
Having good discussions  
Trading ideas & pushing the boundaries  
Feeling brave enough to try new experiences  
Sharing personal histories & support

## Dates for 2021:

**Tuesday 2<sup>nd</sup> February**  
**Tuesday 2<sup>nd</sup> March**  
**Tuesday 13<sup>th</sup> April**  
**Tuesday 18<sup>th</sup> May**  
**Tuesday 22<sup>nd</sup> June**  
**Tuesday 14<sup>th</sup> September**  
**Tuesday 12<sup>th</sup> October**  
**Tuesday 16<sup>th</sup> November**  
**Tuesday 14<sup>th</sup> December**

Group sessions are organised and facilitated by:  
Cathy Sparkes - Counsellor and Speech & language Therapist  
Jo Goodchild - Speech and Language Therapist  
Annie Voullaire - Speech and Language Therapist

**Cost: Free for 2021**

Email: [Cathy@cathysparkes.co.uk](mailto:Cathy@cathysparkes.co.uk) for more information

[www.cathysparkes.co.uk](http://www.cathysparkes.co.uk)