



# Personal Construct Psychology Foundation Training

This is presented as an Introductory Day which will help you gain an initial feel for PCP and how it might relate to you personally and professionally. This can be a stand-alone day but it can also form the first day of the 6-day Foundation Level Certificate accredited by Personal Construct Psychology Association.

- ❖ essentially experiential so that you can develop your own theories of personal meaning and reflective experience
- ❖ theoretical principles consolidated by applications to professional practice
- ❖ sign-posting to additional reading and resources

## Introductory Day

- basic elements of PCP theory
- examples of applications to professional practice
- personal experience of using some PCP techniques
- coping with change and emotional responses

## Foundation Level Certificate

- extended understanding of theoretical principles
- personal scientist and experimentation
- constructs and construing
- movement and change
- understanding and elaborating problems
- structured and non-structured interventions
- revising and extending PCP tools and techniques
- application to professional practice

**Delivered via Zoom - 2022 dates to be arranged**

**Cost: £100 per day**

**Course Facilitators: Adele Pile and Cathy Sparkes**

*For further information and application form contact:*

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